



THE COMMON
Volume 63 No. 23
13 December 2017 **LINK**



St. John Ambulance

SAVING LIVES
at work, home and play

Bruce Wild & Paul Barber



**ROTARY:
MAKING A
DIFFERENCE**

Rotary Grace

O Lord and giver of all good
We thank Thee for our daily food.
May Rotary friends and Rotary ways
Help us to serve Thee, all our days.

<http://www.windsorrotary.org.au>

PREAMBLE: Our first December meeting was attended by stand-in Guest Speaker Jason Packett & 29 members.

RESULTS:

- Mssrs Clayton, McGarry, Munsey & Newlyn are availing of leaves of absence.
- Mssrs Thorne, Veitch, Mitchell, Munro, Baldry, Roberts, Chapman, Phillips & Kelly tendered apologies for the evening.
- Makeups were considered & granted to Mssrs Baldry (Graffiti) & Roberts (Jacaranda).

CONCLUSION: Attendance recorded as 84%* 86%^

FOOTNOTE: *Official AO report. ^Club web site.

Members please note all details of apologies and guests are required by **9.00am Wednesday**. Ring Clare or Theresa on **4572 5429** or email admin@reelmen.com.au In accordance with board recommendations, no-shows and late apologies will be asked to pay for meals as booked. Thank you.

Trivia question for this week: *What year and in what town was the Eureka Stockade?*



Last week's trivia answer was Kevin "Pro" Hart born in Broken Hill and the first correct answer was by **Barry Gale**...

the raffle jackpot will start at
\$85
prior to the next raffle on 13th December

Windsor Rotary Christmas Party

Family of Rotary Picnic.....

Lets make this an enjoyable family get together. Jenny and Laurie Rose welcome you to the gentle sloping banks of the Hawkesbury... large shaded green area, good access to the beach, with a boat ramp.

Sunday 17th December - Caradon Leisure Park, 146 Mitchells Road, Sackville North

Time: 11am until later on....

Activities...Boat rides, Tube rides, Water skiing, Wakeboarding, Fishing, Santa, Treasure hunt for kids and more...

Bring...Picnic chairs or mats, Aerogard, sunscreen, life jackets, fishing gear, BYO if you want alcohol, presents for the ankle biters (labelled \$20)

Supplied....BBQ, Cold meat platters and salad, bread rolls, soft drinks, if you wish to bring a plate please do....

Also please bring a charity present....to be later given to a local charity group and these be marked gender specific and age group.

Cost.....\$15 per head.



The meeting was chaired by President **Robert Bishop** who welcomed members and guests and then handed over to the Segeant **Tom Millington** who called on **Barry Kennedy** to lead Grace and the Loyal Toast.

Marketing Director **Barry Kennedy** advised that in the near future community radio volunteers will be required and also reminded fellows about our upcoming Christmas party.

Vocational Director **Doug Stoneman** reminded fellows about Australia Day at the Australiana Pioneer Village.

Treasurer **Rod Hartas** reported healthy bank balances.



Acting Secretary **Paul Barber** introduced Windsor Golf Club CEO **Rob McLean** who announced a special golf and BBQ deal for Wednesday 20th December. Fellows were in favour.

Past President **Brian Speechley** spoke about the cap and apron order that will be here soon and took orders for straw hats.



Trivia winners are grinners.....



Past President **Jim Clifford** rounded up some volunteers for a BBQ at the New Secret Garden Christmas Market Day on Saturday 16th December.

Marketing Director **Barry Kennedy** then introduced **Jason Packett** from E3 Media based in South Windsor.



Jason gave an outline of E3 Media which is into TV show production, TV commercials, event video services, photography services and studio hire. **Jason** showed a video about E3 Media which was very interesting.

Jason spoke about their TV show called Family Hotspot which is done in conjunction with some large charities and holiday destinations – a great concept.

There were then some discussions regarding how E3 Media could partner with Rotary especially in relation to local families in need and with the youth of the Hawkesbury. Lots of things here for the Marketing Director to follow up on.

Jason then took a number of questions from the fellows and then was thanked by **Barry Kennedy**.

The wine raffle was won by Past President **Roy Duncombe** but the joker was not found, and then the Sergeant fined all and sundry.



Jason Packett from E3 Media.

**DOES ANYONE ELSE
TELL THEIR PETS,
"I'LL BE BACK SOON"
WHEN YOU LEAVE
THE HOUSE,
OR IS THAT JUST ME?**



The road to success is always under construction.

Arnold Palmer



ROTARY CLUB of WINDSOR inc.
P.O. Box 166, Windsor

Macquarie Towns Orchestra
Arthur Rutter
99 The Terrace
Windsor NSW 2756
45 773271

The President Windsor Rotary Club

Dear Sir

I am writing on behalf of the members of the Macquarie Towns orchestra to thank you, and your members, for the generous donation you have presented to us.

We are well aware that your funds have to be raised through the dedication and hard work of your members acting voluntarily to help the community in the Hawkesbury region. The funds will be used to enhance the activities of the orchestra in the Hawkesbury community.

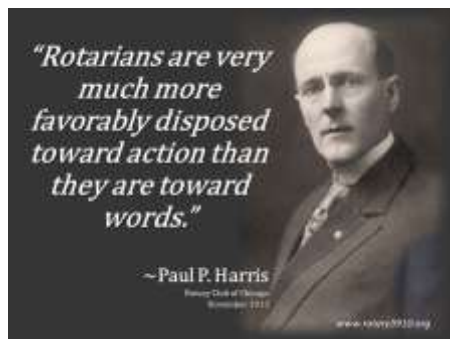
We extend an invitation to any of your members to attend our concerts, the next one is to be held on Sunday the 10th December 2017 starting at 2pm at the St Andrews Uniting Church auditorium, West Market Street, Richmond with ample parking at the rear of the shops on the Windsor Road Richmond.

Once again we thank you for your generous donation which has helped our members in their efforts to provide good music to the Hawkesbury Community.



Arthur Rutter

Manager, Macquarie Towns Orchestra



Gene for leukaemia treatment success identified

5th December 2017

A Children's Medical Research Institute researcher has discovered an explanation for the link between one gene mutation often found in leukaemia and its resistance to chemotherapy and radiation treatment.



Dr Daniel Speidel's work on mutations in the RUNX1 gene was published in Cancer Research in October 2017. It was the result of several years of work which began when he was working at Hamburg in Germany.

There has long been an association between mutations in the RUNX1 gene and poor prognosis for patients receiving chemotherapy, in diseases such as Acute Myeloid Leukaemia and other blood cancers. Now Dr Speidel has been able to explain the connection.

"I've always wanted to understand why some cancer patients react to chemotherapy but others do not," he said. "My big theme is understanding what causes success or resistance to treatment at the molecular level."

"When it comes to Acute Myeloid Leukaemia, it is really nasty. Around 75 per cent of patients die within five years. It is also devastating in children. We knew that those with RUNX1 mutations had a particularly poor prognosis because their cancer is resistant to chemo, but we needed to understand why, so we can finally do something about it."

Dr Speidel found that RUNX1 is directly involved in the response of leukaemia cells to treatments such as chemotherapy or radiation. The gene regulates the blood cells, helping them to die during treatment, but only if the gene is not mutated.

"What we aim for with chemotherapy is to make cancer cells 'commit suicide'," he said. "And we found that RUNX1, if the gene is normal, helps the cells to die. If there is a mutation – RUNX1 can't do that. Therefore, the chance of a successful cure is lower"

In Australia, approximately 900 people are diagnosed with Acute Myeloid Leukaemia every year. Around 60 per cent turn out to be resistant to chemotherapy. Dr Speidel said his data suggests that the development of drugs that target RUNX1 may assist patients.

"The more we understand what causes therapy resistance, the better we can develop drugs that target that mechanism," he said. "We could also learn which patient is more likely to respond to treatment. If we knew a patient is unlikely to respond to treatment, it would give people choices. Maybe we could spare them



standard chemo and focus on alternative treatments.”

Dr Speidel's work was published in the journal Cancer Research as a “priority report” – a category reserved for short research papers of high impact, significance and timeliness.







The work of Dr Speidel at Children’s Medical Research Institute has been possible with the support of the Jeans for Genes campaign, the Anthony Rothe Memorial Trust, and Tour de Cure who he said have been “fantastic”.

As fellows would be aware, The Westmead Children’s Research Institute receives a donation from our annual charity race day.

Blast from the past – name the year, the event and any 4 of the players from these photos.....



Meetings, Events & Service Calendar

Saturday 16 th December	The Secret Garden Christmas Market Day 8am – 12 noon	
Sunday 17 th December	Windsor Rotary Christmas Party 146 Mitchells Rd Sackville North	
Sunday 17 th December	Richmond Rotary Carols in the park 6pm – 10pm	Richmond Rotary Club
Wed 20 th December	Golf and BBQ 6 holes starting at 5pm followed by BBQ at 6.30pm - \$20 includes cart	
Wed 10 th January	Seafood in the Park Don't Worry Oval	
Sunday 14 th January	A team Graffiti Team Leader Paul Barber	
Wed 17 th January	Susan Templeman Middle East tour talk	SUSAN TEMPLEMAN MP FEDERAL MEMBER FOR MACQUARIE
Wed 24 th January	Robert Burns 259th Birthday - Ladies' night Celebrating the eve of Robbie's 259th birthday this popular celebration is back.	

Dessert Barry?



Meetings, Events & Service Calendar cont.

Friday 26 th January	APV Australia Day BBQ BBQ + parking – all hands on deck	
Wed 14 th February	Dr Falah Sharrad Windsor GP - Skin cancer and melanoma	
Sat 10 th to Sun 11 th March	Rotary District 9685 Conference Fairmont Resort Leura	
Wed 21 st March	Annual Barefoot Bowls Challenge IV - East v West The annual get together of the 3 Hawkesbury Rotary Clubs for another night of precision bowls. Windsor Bowls Club 6:30 pm	
Sat 24 th March	Pink Tie Ball Save the date Hawkesbury Race Club	
Thursday 10 th May	Windsor Rotary Charity Race Day Hawkesbury Race Club	



Can't make our Wednesday meeting? Do a make-up here.....

MONDAY	Richmond	6.30pm	Richmond Golf Club Bourke Street East Richmond.
	Springwood	6.30pm	Springwood Sports Club Macquarie Road Springwood.
	The Hills - Kellyville	6.15pm	Castle Hill Tavern 25 Victoria Avenue Castle Hill
TUESDAY	Kurrajong – Nth Richmond	6.30pm	Four Beans Cafe Bells Line of Road North Richmond.
	Lower Blue Mountains	7.00pm	Emu Plains Sporting Club Leonay Parade Leonay
THURSDAY	Rouse Hill	7.15pm	1 st & 3 rd Club Meetings Rouse Hill Anglican Centre Cnr Windsor & Mile End Roads Rouse Hill
SUNDAY	The Ponds	4.00pm	1st, 3rd & 5th Coffee Club Michel's Patisserie, The Ponds Shopping Centre The Ponds
ANYTIME	eClub One		http://www.rotaryclubone.org and click on the "Makeups" tab

December Birthdays:

Janet Hoile	1 st	Andrew Kennedy	6 th
Graham Price	11 th	Laurie Rose	15 th
Horst Hauser	18 th	Norm "Sticks" Provan	18 th
Harry Grange	22 nd	Martin "Chariots" Offiah	29 th
Graham Clayton	23 rd	Paul "Mary" McGregor	31 st

December Anniversaries:

Jon & Lyn Blaauw 21st

Quotes of the week by Socrates:

To find yourself, think for yourself.

The mind is everything; what you think you become.

Beware the barrenness of a busy life.

You don't know what you don't know.

Every action has its pleasures and its price.

Understanding a question is half an answer.

Envy is the ulcer of the soul.



The Four-Way Test

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?